

FARM ₹ TABLE

EST® 2014



Buenos Aires • Miami • New York

all day break	fast		coffee					
SUNRISE TOAST, CREAM CHEESE, HOUSE MARMELADE, BRIE CHEESE, FRESH FRUITS AND AND NUTS.			ESPRESSO AMERICANO					
WAFFLES ★ ⊕ WITH MAPLE SYRUP, COCONUT CREAM AND FRESH FRUITS.  BUTTERMILK PANCAKES WITH ORANGE INFUSED SYRUP, BUTTER AND BERRIES.  FRENCH TOAST WITH MAPLE SYRUP AND FRESH FRUITS.  CHAMP-PANCAKES  OATS AND YOGURT PANCAKE FILLED WITH MASHED BANANA AND COCONUT FLAKES ON TOP. SERVED WITH FRESH FRUITS AND HONEY.			AMERICANO w/ r CORTADO FLAT WHITE MACCHIATO LATTE FLAVORED LATTE: HAZELNUT, CARAMEL, HOT CHOCOLATI CAPUCCINO MOCHA					
					ANY STYLE EGGS YOUR CHOICE OF EGGS: POACHED, FRIED. SERVED WITH COUNTRY POT		14	BREWING BA
					ORGANIC BACON (!) SMOKED SALMON AVOCADO CHEESE	+ 3.5 + 7.5 + 3.5 + 2		ICED LATTES HAZELNUT, CARAMEL
					FRESH FRUIT		10	MATCHA LATTE
AVOCADO TOAST   (!) POACHED EGG HUMMUS (!) SMOKED SALMON ORGANIC BACON	+ 2 + 1 + 7.5 + 3.5	14	MATCHA ICED LA MATCHA RASPBEI COLD BREW BLAC COLD BREW WHI					
ACAÍ BOWL   WITH HOMEMADE GRANOLA, FRESH COCONUT FLAKES.	FRUITS AND	15	TEAS & INFUSION ICED OR HOT  GINGER & CARRO HERBAL BLEND, GING SWEET AND SPICY.					
VOCUDI	■ With homemade		JASMINE PEARLS HAND ROLLED TEA LE AND AROMATIC.					
YOGUR	granola, fresh fruits and agave.		ROYAL FRUITS					

HOMEMADE YOGURT 13 COCONUT YOGURT ® 13

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of (!)foodborne illness, especially if you have certain medical conditions.

**VEGAN** (V)

**GLUTEN FREE** 

\*Shared kitchen. We do everything to avoid cross contamination but be advised that our kitchen uses ingredients containing wheat, treenuts, peanuts, milk and eggs.Let us know if you have any food allergies, diet restrictions or anything we should have in mind when preparing your food.

An 18% service charge will be added to all checks

coffee	Single	Double
ESPRESSO	3	4
AMERICANO		4
AMERICANO w/ milk		4.5
CORTADO	3.75	
FLAT WHITE		5
MACCHIATO		4
LATTE	4.5	5.5
FLAVORED LATTES HAZELNUT, CARAMEL, COCONUT, V	5 ANILLA	6
HOT CHOCOLATE	4.5	5.5
CAPUCCINO	5	
МОСНА	5	6
BREWING BAR COFFEE OF THE MONTH		6
CHEMEX /KALITA		
ICED LATTES HAZELNUT, CARAMEL, COCONUT, V	'ANILLA	6.5
MATCHA LATTE		5.5
MATCHA ICED LATTE		6
MATCHA RASPBERRY LATTE		7
COLD BREW BLACK		6.5
COLD BREW WHITE		6.5
TEAS & INFUSIONS		5

## OT

GER, TURMERIC & GALANGAL.

EAVES, GREEN TEA. DELICATE

HIBISCUS, PAPAYA AND CURRANT. SWEET AND AROMATIC.

ORGANIC BLACK TEA	5
CHAI LATTE	6
TEA LATTE	5.5

FRESH ALMOND MILK - MADE FRESH EVERY DAY!

We also have a very good OAT MILK

& COFFEE TO GO



start or add		salads & bowls	
TAPIOCA BITES ★ SERVED WITH AGAVE AND SPICY HONEY.	10	PATAGONIA * (!)  SMOKED SALMON, GREENS, POACHED EGG, AVOCADO, BEETS AND DILL DRESSING.	21
GUACAMOLE ⊗	13	BUDDHA BOWL W *	17
SERVED WITH PITA BREAD.  CAULIFLOWER  GRILLED WITH BRIE CHEESE SERVED OVER CARROT	15	WILD QUINOA, ADZUKI BEANS, TOMATOES, SEEDS, SAUTEED SPINACH IN KIWI VINAGRETTE, ROASTED HUMMUS DUO, GOJI BERRIES AND CASHEWS.	4
HUMMUS, HONEY AND PUMKIN SEED.		FAL IAH! FEL BOWL ★♡	17
HUMMUS ♥ SERVED WITH PITA BREAD.	12	VEGAN FALAFELS WITH QUINOA TABOULEH, CARROT DIP, HUMMUS, CUCUMBER, ARUGULA, AVOCADO AND VEGAN TZAZIKY.	
POLENTA * CREAMY POLENTA WITH PORTOBELLOS & TRUFFLE OIL.	13	CHICKEN & PARMESAN SALAD  ORGANIC CHICKEN, PARMESAN CHEESE, CROUTONS AND TUNA DRESSING.	18
GOLDEN AREPA		QUINOA RAINBOW 🛭 🖈	15
CORN AREPA WITH FARM CHEESE AND SALAD.		WILD QUINOA, CORN, RED ONIONS, AVOCADO, PUMPKIN SEEDS, TOMATOES, ROASTED CARROTS, ARUGULA AND ORANGE VINAGRETTE.	
handhelds		ORGANIC CHICKEN + 6 ORGANIC POACHED EGG + 2 SALMON + 11	
SALMON BRIOCHE (!) SMOKED SALMON, CAPERS CREAM, AVOCADO, AND ARUGULA.	18	mains	
CHICKEN POCKET SANDWICH ORGANIC ROASTED CHICKEN ON WHOLE WHEAT PITA BREAD WITH AVOCADO, CREAM AND PARMESAN CHESSE.	16	ORGANIC ROASTED CHICKEN * WITH BUTTERNUT SQUASH PUREE, TABOULEH, HUMMUS AND ARUGULA.	23
		RISOTTO ★  ZUCCHINI, LEEK AND MUSHROOMS RISOTTO.	20
SHORT RIB BUN SLOW COOKED, GRASS FED SHORT RIB, PICKLED	20	CDACC FED CLICOT DIDC 4	2.4
ONIONS, ARUGULA AND AIOLI. SERVED WITH YUCA.		GRASS FED SHORT RIBS * SLOW COOKED SHORT RIB WITH MASHED COUNTRY POTATOES, PEPPERS AND ORGANIC BROCOLINI.	34
VEGAN BURGER    OUR LENTIL BURGER WITH HOMEMADE KETCHUP,	18	GRILLED SALMON *	28
VEGAN CHEDDAR, CARROTS, SWEET ONIONS AND BEET HUMMUS. SERVED WITH YUCA.		WITH FRESH GREENS SALAD, ROASTED CARROTS AND BEET HUMMUS.	28
HAM & GRUYERE	12		
BRIOCHE OR MULTIGRAIN BREAD.		sides	
AVOCADO + 3.5 TOMATOES + 1			
70////025		RICE	6
CHICKEN WRAP	20	FRESH FRUIT YUCA	9
ORGANIC CHICKEN, SPINACH, ROASTED CARROTS, MUSHROOMS, CREAM CHEESE, FARM CHEESE AND		COUNTRY POTATOES	6
SWEET ONIONS.		SCARMBLED EGGS	5.5
OUECADII I AC BANGUEBAC		POACHED EGG	2
QUESADILLAS RANCHERAS WHOLE WHEAT TORTILLA, CHEESE, ROASTED CARROTS,	17	FRIED EGGS	3.75
SWEET ONIONS, MASHED BLACK BEANS, GUAC, AND		SMOKED SALMON	7.5
FRESH PICO DE GALLO.		AVOCADO	3.5
ORGANIC CHICKEN + 6			

SHORT RIB

WHOLE WHEAT TORTILLA, WILD QUINOA, HUMMUS, ARUGULA, ROASTED CARROTS, CORN, AVOCADO,

VEGAN BURRITO

TOMATOES, PUMPKIN SEEDS.

+ 8

17



beverages ®		wine	Glass	Bottle
MINT & GINGER LEMONADE  COOL LEMONADES  MATCHA / COCONUT / RASPBERRY/ HIBISCUS	6 / 11 7 / 12	HASEN SPRUNG, GRUNER VELTLINER AUSTRIA	10	32
ORANGE JUICE ICED TEA	6 5	AWATERE VALLEY SAUVIGNON BLANC NEW ZELAND	12	38
		ETNA BIANCO CARRICANTE ITALY		48
cold pressed ∞	11.5	RKATSITELI QVEVRI GEORGIA	12	38
SUNSHINE CARROT, ORANGE, GINGER, APPLE, LEMON. FOREVER YOUNG		LOS HALCONES BOBAL SPAIN	10	30
PINEAPPLE, TURMERIC, APPLE, LEMON.  MORNING GLORY  GRAPEFRUIT, GINGER AND LEMON.		ZURAB TSERETELI SAPERAVI GEORGIA	12	36
TIME MACHINE SPINACH, CUCUMBER, CELERY, APPLE, LEMON. CELERY JUICE		BIKE GARNACHA/ MARSELAN SPAIN	10	30
CELERY, LEMON AND APPLE.  THE SHOT  GINGER, PINEAPPLE AND LEMON.	5	FLIPSIDE TEMPRANILLO SPAIN	11	32
cheers!		PROSECCO ITALY	12	42
<u>ن</u>		drinks		
		MIMOSA		12
pastry & sweets		BELLINI		12
CHIPA BASKET (CHEESE BREAD) * VEGAN BANANA BREAD ®	6 7	RED SANGRIA		12 / 38
OATS & RAISINS COOKIES	4	beer		
COCONIT & DDI ALEATOR *	4.5	peel		
COCONUT & DDL ALFAJOR *  LEMON POUND CAKE	4.5	BLUE POINT LAGER		8
PEANUT BUTTER COOKIE *	4	GOOSE ISLAND IPA		8
CINNAMON ROLL ®	5	KONA LIGHT BLOND ALE		8
CROISSANT WITH HAM & GRUYERE	8	KONA BIG WAVE GOLDEN ALE		8
CHOCO CAKE	10	KONA LONGBOARD ISLAND LAGE	:R	8
CARROT CAKE	10	GREY LADY WHEAT ALE		8

CARROT CAKE