

# our coffee

We only serve amazing arabica coffee sourced and roasted for us by the most passionate and talented.

Thru a very loving, caring and extremely handmade process we get complex flavours, unique blends and rare single origins micro-lots for you to enjoy daily.

Truly, plant to cup and with much love. Ask your barista about your coffee.

Take it home!



## coffee

DECAF ALSO AVAILABLE

	Single	Double
ESPRESSO	4.5	
AMERICANO	4.5	
AMERICANO w/ milk	5	
CORTADO	4.5	
FLAT WHITE	5.5	
MACCHIATO	4.5	
LATTE	5.5	6.5
CAPUCCINO	5.5	
FLAVORED LATTES	5.5	7
HAZELNUT, CARAMEL, COCONUT, VANILLA		
MOCHA	5.5	6.5

## HANDCRAFTED BREWS

ALLOW SOME TIME FOR THIS! HANDMADE FROM SCRATCH



♡ HOT CACAO DATE	5	6.5
PURE CACAO, DATES + MILK		
ICED LATTES	6.75	
HAZELNUT, CARAMEL, COCONUT, VANILLA		
PINK VANILLA OAT ICED LATTE	7.25	
COLD BREW	6.5	
MATCHA LATTE	6	7
MATCHA ICED LATTE		7
MATCHA LAVENDER ICED LATTE		7.5

## TEAS & INFUSIONS

ICED +1

GINGER & CARROT  
HERBAL BLEND. GINGER, TURMERIC & GALANGAL. SWEET AND SPICY.

JASMINE PEARLS  
HAND ROLLED TEA LEAVES, GREEN TEA. DELICATE AND AROMATIC.

ROYAL FRUITS  
HIBISCUS, PAPAYA AND CurrANT. SWEET AND AROMATIC.

ORGANIC BLACK TEA

5

CHAI LATTE

6

7

MILK VARIATIONS

ALMOND MILK - MADE FRESH EVERY DAY!  
UNSWEETENED! JUST REAL ALMONDS AND WATER :)

+1

OAT MILK

+1

MAKE IT TO GO!



## lemonades & more

100% NATURAL, NO SUGAR ADDED

MINT & GINGER LEMONADE	6 / 11
HIBISCUS LEMONADES	7 / 12
MATCHA LEMONADE	7 / 12
♡ YERBA MATE GINGERADE	7 / 12
♡ PURPLE TEA COCOWATER LEMONADE	7 / 12
CREAMY COCONUT LEMONADE	7 / 12
ORANGE JUICE	7
	11.5

100% NATURAL, NO SUGAR ADDED

SUNSHINE  
CARROT, ORANGE, GINGER, APPLE, LEMON.

FOREVER YOUNG  
PINEAPPLE, TURMERIC, APPLE, LEMON.

TIME MACHINE  
SPINACH, CUCUMBER, CELERY, APPLE, PEAR, LEMON.

RE-BOOT  
BEETS, APPLE, LEMON, ORANGE, MINT.

THE SHOT  
GINGER, PINEAPPLE AND LEMON.



## seasonal drinks

ICED

MAPLE SEA SALT CARAMEL LATTE  
SWEET, SALTY & DREAMY!

Mom's TIRAMISU LATTE  
HOMEMADE SECRET RECIPE, CREAMY AND DELICIOUS

BANANA BREAD ICED LATTE  
100% NATURAL, HOMEMADE CARAMELIZED BANANAS WITH DATES. TOPPED WITH HONEY WHIPPED CREAM

+2 ADD OUR CACAO DATE SHOT

FRESH STRAWBERRIES MATCHA LATTE  
100% NATURAL, HOMEMADE, THE REAL THING! SWEETENED WITH DATES, TOPPED WITH WHIPPED HONEY CREAM

CACAO DATE ICED LATTE  
PURE CACAO + DATES + REGULAR MILK, TOPPED WITH HONEY WHIPPED CREAM.

+2 ADD ESPRESSO SHOT

BUTTERFLY MANGO TONIC  
CP ORGANIC MANGO, BP FLOWER, SPARKLING WATER

cheers!

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

(!)

VEGAN

(V)

GLUTEN FREE RECIPE

\*

\*Shared kitchen! cross contamination may occur.

We do everything to avoid cross contamination but be advised that OUR KITCHEN USES INGREDIENTS CONTAINING WHEAT, SESAME, TREENUTS, PEANUTS, FISH, DAIRY, SOY AND EGGS. Let us know if you have any food allergies or anything we should have in mind when preparing your food.

WE GARNISH WITH MICRO GREENS, CILANTRO AND EDIBLE FLOWERS

18% SERVICE CHARGE WILL BE ADDED TO ALL CHECKS

GLUTEN FREE BAGEL AVAILABLE

+2.5



## CATERING & EVENTS

celebrate with us

one good thing!

## wine

WHITE WINE	12 / 38
ORANGE WINE	13 / 40
ROSE WINE	13 / 40
RED WINE	14 / 42
PROSECCO	12 / 42

## cocktails

FLORIST GARDEN	14
LAVENDER, BUTTERFLY PEA FLOWER EXTRACT & PROSECCO	
LYCHEE ROSE	
ROSEWATER, LYCHEE & SPARKLING ROSE	
KIND OF SPICY MARGARITA	
OUR OWN VERSION WITH WHITE VERMOUTH	
LIGHT BLOODY MARY	
OUR REFRESHING VERSION WITH WHITE VERMOUTH	

## mocktails

BUTTERFLY PEA CLOUD	9
MADE WITH OATMILK, LAVENDER AND BUTTERFLY PEA FLOWER TEA	
SUNSET BREW ♡	7
KIND OF NITRO, KIND OF REFRESHING :) AIRED COFFEE WITH A SPLASH OF NATURAL OJ	

## drinks

MIMOSA	13 / 49
BELLINI	13
RED SANGRIA	14 / 45

## beer

ASK YOUR SERVER :)

Brunch  
All day, everyday!

# all day breakfast

## SUNRISE REMIX

TOAST, HOMEMADE WHIPPED FETA, SEASONAL JAM AND FRESH FRUITS WITH HONEY.

## WAFFLES \*

WITH MAPLE SYRUP, COCONUT CREAM AND FRESH FRUITS.

## BUTTERMILK PANCAKES

WITH ORANGE INFUSED SYRUP, BUTTER AND BERRIES.

## FRENCH TOAST

WITH MAPLE SYRUP, COCONUT CREAM AND FRESH FRUITS.

## CHAMP-PANCAKES \*

GF OATS AND YOGURT PANCAKE FILLED WITH MASHED BANANA AND COCONUT FLAKES ON TOP. SERVED WITH FRESH FRUITS AND HONEY.

## ANY STYLE EGGS

YOUR CHOICE OF EGGS: POACHED, SCRAMBLED OR FRIED. SERVED WITH HOUSE POTATOES AND BREAD.

BACON	+ 4
(!) SMOKED SALMON	+ 8.5
AVOCADO	+ 4
VEGETABLES	+ 1 (each)
MUSHROOM	+ 2.5
CHEESE	+ 2
MAKE IT OMELETTE	+ 2

## AVOCADO TOAST \*

(!) POACHED EGG	+ 2.5
HUMMUS	+ 1
(!) SMOKED SALMON	+ 8.5
ORGANIC BACON	+ 4

## GF TOMATO BAGEL \*

A CLASSIC! CREAM CHEESE & FRESH TOMATO ON TOASTED BAGEL.

## RICOTTA EGGS

CREAMY RICOTTA EGGS TOPPED WITH PARM CHEESE & PEPPER FLAKES, SERVED WITH TOASTED BREAD.

## SHAKSHUKA

HOMEMADE SHAKSHUKA RED SAUCE, POACHED EGGS, AVOCADO AND FETA CHEESE WITH PITA BREAD

## STEAK AND EGGS \*

GRILLED BEEF AND FRIED EGGS SERVED WITH SAUTED SPINACH, TOMATO AND FETA CHEESE.

## EGG CROISSANT

CROISSANT FILLED WITH CHEESE OMELETTE AND FRESH ARUGULA.

AVOCADO +4/ BACON +4/ TOMATO+1

## ACAÍ BOWL \*

WITH HOMEMADE GRANOLA, FRESH FRUITS, COCONUT FLAKES & AGAVE,

## CHOCO RASPBERRY CHIA PUDDING \*

WITH COCONUT YOGURT AND GRANOLA.

## HOMEMADE CREAMY YOGURT \*

WITH GRANOLA, FRESH FRUITS, COCONUT & AGAVE.

## COCONUT YOGURT \*

WITH GRANOLA, FRESH FRUITS, COCONUT & AGAVE.



Tasty and good for you

Gluten free & Vegan  
Sweetened with dates  
Coconut oil  
NO seed oils :)

# pastry & sweets

## CROISSANT

## VEGAN BANANA BREAD \*

## ALMOND DATE CAKE \*

sweetened with dates, no added sugars & dairy free

## COCONUT & DDL ALFAJOR \*

## CHOCOLATE CHIP COOKIE

## OLD FASHIONED CINNA-BUN

handmade, baked daily with the good stuff & real love



# a good start

## TAPIOCA BITES \*

CHEESY DELICIOUSNESS!  
SERVED WITH AGAVE AND SPICY HONEY.

## GUACAMOLE \*

SERVED WITH PITA BREAD.

## HUMMUS \*

SERVED WITH RAW VEGGIES AND PITA BREAD.

## MINI GOLDEN AREPA

cachapas for our venezuelan crowd :)

AREPA DE CHOCLO FILLED WITH CHEESE. SERVED WITH A SIDE OF LIGHT SOUR CREAM.

## GROOVY ROASTED POTATOES \*

LEMONY AND DELICIOUS, OVER HOMEMADE WHIPPED FETA CREAM

## QUESO PLANCHAS \*

GRILLED FRESH CHEESE TOPPED WITH OUR HOMEMADE TOMATO CHUTNEY

## SWEET BURRATA TOAST

TOMATOES CHUTNEY, CREAMY BURRATA ON TOAST

## THE FOREST TOAST

ALMOND PESTO, CARROT HUMMUS, CHEESE AND MUSHROOMS ON TOAST

## SMOKED SALMON TOAST

YUMMY WHIPPED FETA, SMOKED SALMON, PICKLED ONIONS, CAPERS AND A TOUCH OF DILL ON TOAST.

# handhelds

## CHILL CAPRESE

CREAMY BURRATA, ALMOND PESTO, FRESH TOMATO, FRESH BASIL AND EVOO ON CIABATTA.

## SAY CHEESE!

THE GRILLED CHEESE OF YOUR DREAMS

AVOCADO +4 / TOMATO+1 / HAM +4/ BACON +4

## POCKET FUNKY CAESAR

OUR "CAESAR" SALAD MIX WITH ROASTED CHICKEN AND AVOCADO ON WHOLE WHEAT PITA BREAD AND FUNKY SAUCE...NO ANCHOVIES :!)

## CHIPOTLE CHICKEN

GRILLED CHICKEN, ROASTED RED PEPPERS, HOMEMADE CHIPOTLE SAUCE AND ARUGULA ON CIABATTA BREAD.

## SHORT RIB BUN

SLOW COOKED, GRASS FED SHORT RIB, PICKLED ONIONS, ARUGULA AND AIOLI. SERVED WITH YUCA.

## STEAK SANDWICH (Lomito from our childhood)

GRILLED BEEF TENDERLOIN, FRIED EGGS, HOMEMADE CORN MAYO, CHEESE, LETTUCE AND TOMATO ON CIABATTA BREAD.

## VEGGIE BURGER

OUR NEW LENTIL BURGER WITH HOMEMADE KETCHUP, YELLOW CHEDDAR, ROASTED CARROTS, SWEET ONIONS AND BEET HUMMUS. SERVED WITH YUCA.

## WAGYU BURGER (I)

HOMEMADE BURGER IN BRIOCHE BUN WITH LETTUCE, TOMATOE, SWEET ONIONS AND CHEESE. SERVED WITH YUCA AND OUR SECRET SAUCE.

FRIED EGG +4 / BACON +4

## QUESADILLAS RANCHERAS

WHOLE WHEAT TORTILLA, CHEESE, ROASTED CARROTS, SWEET ONIONS, MASHED BLACK BEANS, & CORN + GUAC, AND FRESH PICO DE GALLO.

SHORT RIB +12 / CHICKEN+8

## CHICKEN WRAP

CHICKEN, SPINACH, ROASTED CARROTS, MUSHROOMS, CREAM CHEESE, FARM CHEESE AND SWEET ONIONS.

## FALAFEL WRAP \*

HUMMUS, LETTUCE, CABBAGE, PICO DE GALLO, HOMEMADE FALAFELS, BEET HUMMUS AND TZAZIKI.

## MARY'S CHICKEN BLTA WRAP

CHICKEN, BACON, LETTUCE, TOMATO, AVOCADO, ONION & MELTED CHEESE ON WHOLE WHEAT WRAP.

EXTRA HOMEMADE SAUCE?

CILANTRO AIOLI / HOMEMADE KETCHUP / HUMMUS DIP VEGAN TZAZIKI / CARROT DIP / CREAMY SOY DRESSING DILL DRESSING / FUNKY "CAESAR" DRESSING

+0.75

# salads & bowls

## FUNKY CAESAR

OUR VERSION OF THE CLASSIC "CAESAR SALAD"  
GRILLED CHICKEN, PARMESAN CHEESE, HOMEMADE CRUSHED SOURDOUGH CROUTONS AND OUR -NON ANCHOVIES!- FUNKY DRESSING.

## TROPICAL SALMON BOWL \*

GRILLED SALMON, MANGO, ARUGULA, QUINOA, ROASTED CARROTS, AVOCADO, PICKLED ONIONS, CUCUMBER, TOMATO, CABBAGE, RADISH, SESAME SEEDS, CILANTRO AND CREAMY SOY DRESSING

## PATAGONIA \*

SMOKED SALMON, GREENS, POACHED EGG, AVOCADO, BEETS AND DILL DRESSING.

## FAL IAH! FEL BOWL \*

VEGAN FALAFELS WITH QUINOA TABOULEH, CARROT DIP, HUMMUS, CUCUMBER, ARUGULA, AVOCADO AND VEGAN TZAZIKI.

## MIDSUMMER LENTIL BOWL \*

KALE, LENTILS, BEETS, ROASTED CARROTS, CORN, HARD BOILED EGG, TOMATO, FETA & PISTACHIO.

## SUPER GREENS \*

KALE, SPINACH, ARUGULA, DILL, MINT AND CRUMBED FETA WITH LEMON VINAGRETTE. ADD YOUR FAV PROTEIN :)

## QUINOA RAINBOW \*

WILD QUINOA, CORN, RED ONIONS, AVOCADO, PUMPKIN SEEDS, TOMATOES, ROASTED CARROTS, ARUGULA AND AVOCADO ORANGE VINAGRETTE.

## BUDDHA BOWL \*

WILD QUINOA, ADZUKI BEANS, TOMATOES, SEEDS, SAUTEED SPINACH IN KIWI VINAGRETTE, ROASTED CARROTS, BEET HUMMUS, GUACAMOLE, GOJI BERRIES AND CASHEWS.

GRILLED SALMON +14 / CHICKEN+8 / POACHED EGG+2.5

# a good plate

## GRILLED CHICKEN PLATE \*

WITH BUTTERNUT SQUASH PUREE, TABOULEH, HUMMUS AND ARUGULA.

## PARADISE SALMON \*

GRILLED SALMON SERVED WITH OUR CALI DREAM SALAD, CARROT DIP, AVOCADO AND CUCUMBER.

## SHORT RIBS PLATE \*

SLOW COOKED SHORT RIB WITH MASHED COUNTRY POTATOES, PARM SPINACH AND ROASTED TOMATOS.

## GARDEN QUICHE

ZUCCHINI, BACON, LEEK AND FETA CHEESE PERFECT QUICHE SERVED WITH SALAD.

## SOUP

SERVED WITH BREAD

PUMPKIN topped with pumpkin seeds  
ASPARAGUS & ZUCCHINI topped with cheese

# sides

## FRESH FRUIT PLATE

YUMMY FRESH TOMATOES  
WITH EVOO, SALT AND PEPPER

## MINI CALI DREAM SALAD

KALE, ROMAINE LETTUCE, ROASTED CORN, PICKLED ONIONS, TOMATO, MICRO CILANTRO AND EVOO

## TOASTED BREAD & BUTTER

## YUCA

## HOUSE ROASTED POTATOES

## QUINOA TABOULEH

## BUTTERNUT SQUASH PUREE

## SCRAMBLED EGGS

## POACHED/HARD BOILED EGG

## FRIED EGGS (2)

## SMOKED SALMON

## AVOCADO

## BACON

21

22

16

30

36

17

5

6

6

5

6

4

4